

# Flu P.O.D

Coordinated by Hualapai Emergency Services & Indian Health Service

Friday, Nov. 6, 2015

9:00am-2:00pm

Multi-Purpose Building

**\*Parent/Guardian MUST be present  
for child to receive the vaccine.**

Contact the following for more information:

P.O.D. Info - Emergency Services @ 769-2205

Influenza/Vaccine Info - IHS @ 769-2900

*\*Protect yourself, protect others - Get a Flu vaccine every year.*

*\*Prevent the spread of germs - cover coughs and sneezes*

***Thank You in advance for your support of our efforts to  
protect you and our Community; it's greatly appreciated.***

## Flu Season Is Here Get Vaccinated Today

Who should get the vaccine?

EVERYONE 6 MONTHS AND OLDER

PEOPLE AT HIGH RISK

Everyone **6 MONTHS OF AGE AND OLDER** should get the flu vaccine. Seasonal flu vaccines have a very good safety track record.

It is especially **IMPORTANT TO GET THE VACCINE IF YOU, SOMEONE YOU LIVE WITH, OR SOMEONE YOU CARE FOR IS AT HIGH RISK** of complications from the flu.



- ✓ Children & Infants
- ✓ Pregnant Women
- ✓ Seniors
- ✓ People with Disabilities
- ✓ People with Health Conditions
- ✓ Travelers & People Living Abroad

Vaccination is the best way to protect yourself from the flu. There are additional steps you can take to keep yourself and your family healthy this [flu season](#).

**Get  
vaccinated**



**Take everyday  
precautions**



**Preventive  
antiviral  
medications**



**6 MONTHS+**

- Everyone 6 months of age and older should get vaccinated against the flu.

**TAKE PRECAUTIONS**

- Take everyday precautions, like washing your hands, to protect your health.

**ANTIVIRAL MEDICATIONS**

- If you are exposed to or [caring for someone with the flu](#), talk to your doctor about preventive [antiviral medications](#).